



Please watch the videos before choosing a specific fly pattern, they explain how to use Detached body pins, Wingburners and Wingmaterials. And how to tie in Wings/Wing-buds and Nymph-legs/Nymph-backs.

What you need:

J:son RWB G2-4 and RWM G2-4. Foam in your choice of color cut into two strips approx. 2x2-2x3 and 2x4-2x5 mm. Hackle Black alt. Cree / Variant. Synthetic brush fibers or MicroFibbets as antennas.

Rec. hook

Size 12/14





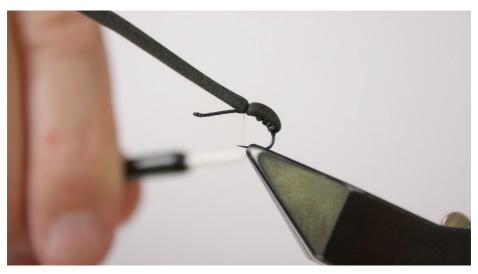
Cut two foam strips in your choice of color approx. 2x2-2x3 and 2x4-2x5 mm (depending on what size you will be tying).



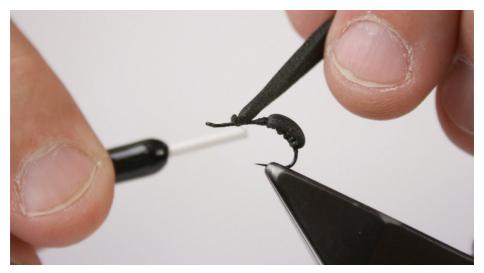
Secure your thread on the hook and tie in the thick foam strip at the beginning of the hook bend.



Tie down the foam backwards to the middle of the hook bend in loose turns and then go back with your thread to where you tied in the foam.



Fold the foam forward and secure it with a few tight turns, cut off the excess foam and tie down the remains along the hook shank.



Tie in the thinner foam strip at the middle of the hook shank.



Tie down the foam backwards in front of the abdomen and secure with a few tight turns.





Take your hackle and spread out the fibers with your thumb and forefinger.



Tie in the hackle just in front of the foam strip and spin it together with your tying thread. This way you get a stronger and bushier hackle.





Wind the hackle in tight turns to the middle of hook shank, secure with a couple of tight turns and cut off the excess hackle.



Fold the foam forward and secure it with a few tight turns.





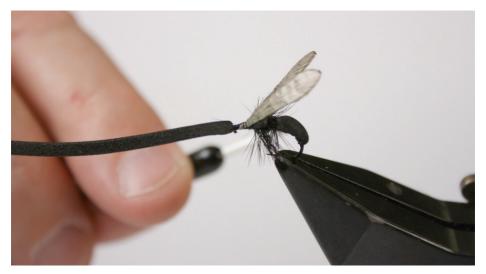
Trim unwanted hackle fibers and excess foam and tie down the remains on the hook shank.



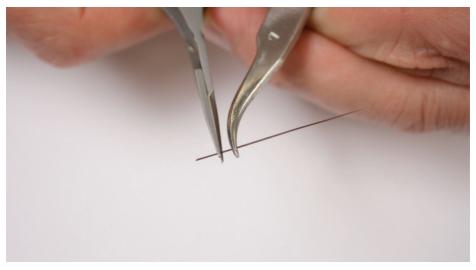
Tie in a new thinner foam strip just behind the hook eye.



Go back with your thread 2-3 mm from the hook eye, tie in the first wing with a few tight turns and remove excess wing material. (If you are uncertain how to make wings, watch the video under "Fly tying" at jsonsweden.com).



Tie in the second wing with a few tight turns, secure your thread and remove excess wing material.



Take two black synthetic antennas. Hold them in your tweezers, adjust the length and cut them about 2 mm in front of your tweezers.



Take a lighter and burn the antennas together so that a tiny plastic bead is created – this prevents the antennas from coming loose after you have tied them in.



Hold the antennas with the bead backwards parallel to the hook shank.



Tie in the antennas with a few tight turns and make sure that they are positioned on either side of the foam. Then go back with your thread to the middle of the hook shank in front of the wings.

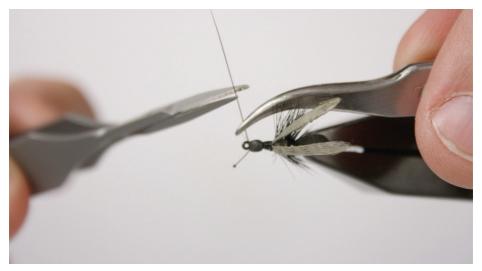




Fold the foam backwards and tie in just in front of the wings with a few tight turns.



Cut off excess foam, tie off with a whip-finish and cut off your thread.



Hold the antennas (one at a time) in the tweezers and cut them off, leaving a few mm to burn.



Hold the antennas (one at a time) in your tweezers and burn them to the desired length.





Trim the excess hackle on the underside of the fly, this allows it to sit properly in the water. Fine-tune the fly by cutting or removing unwanted fibers with scissors or tweezers.



A dab of glue under the head and the fly is finished.